

What Event Coordinators Are Saying About Julia

"It's my pleasure to endorse Julia Roller as a speaker to your local MOPS chapter, women's group or retreat. We found Julia to be incredibly endearing and relatable as she spoke of her struggle to find God amidst the chaos of motherhood. Because our group is comprised of moms in all stages of their faith journeys, I especially appreciated Julia's ability to translate time-honored spiritual disciplines into practices that seemed attainable and not at all 'churchy.' "

--Katie Bowden, Mount of Olives Lutheran Church, Mission Viejo, CA

"Julia is a warm and relatable speaker with practical wisdom to share from her own experiences. She was responsive to the needs of our group, and the moms really connected with what she had to share!"

--Sarah Butterfield, MOPS Coordinator, Point Loma Community Presbyterian Church

"Julia's talk for our women's tea was a timely opportunity for us to contemplate loss and the value of loss in our lives. Her vulnerable sharing of herself and family's losses allowed us to open up and face our own losses with courage and strength from God."

--Maria Kim, Women's Ministry Coordinator, Yorba Linda Seventh-day Adventist Church



Julia Roller

SPEAKER

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About Julia

Julia has spoken to dozens of women's groups in the Southern California area and at Renovare retreats and national conferences about topics such as meeting God in family life, simplicity, the lessons of losing, and hospitality.



Julia Roller is an author, editor, and speaker. Her books include *Mom Seeks God*, *A Year with God* (with Richard J. Foster), *A Year with Aslan*, and *25 Books Every Christian Should Read*. Julia is currently the MOPS coordinator at Point Loma Community Presbyterian Church and lives in San Diego with her husband and three children.



Popular Talks

Meeting God in Your Busy Life

Motherhood throws many of us for a loop. Amidst the joyful chaos, we can find ourselves a little short of the silence and time to ourselves that we often feel we need to seek God. We'll walk through several spiritual practices such as prayer, silence, and worship with ideas about how to practice them in the middle of busy family life.

Simplicity: Getting Past All the Stuff

Mom life is many things. Exhausting? Frequently. Joyful? Often. Simple? Not so much. We long for our lives to be simple, but what is Biblical simplicity anyway? We'll discuss several strategies for moving past the anxiety that often accompanies motherhood and into a more simple life.

Being Loved: Living a Life of Hospitality

Far from just throwing dinner parties, hospitality is an essential spiritual practice. It might be, in fact, the answer to our digital age of loneliness. Using my own experience of being embraced by my community after being diagnosed with breast cancer, I'll explore what hospitality really means in the Bible and now.

The Lessons of Losing

How can we take a step back from the hyper-competitive nature of today's parenting and learn this important lesson for ourselves and for our children?